

Action for Healthy Kids' School Health Index Middle and High School Version

To complete the School Health Index online, please visit

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	Fully in Place	Partially in Place	Under	Not in Place
3. Local wellness				
1. School health	(3)		1	0
school health committee or team	(3)	2		0
4. School health action	(3)			0
5. Positive school climate	(3)			0

Nutrition Environment and Services

	Fully in Place	Partially in Place	Under	Not in Place
6. All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards				0
7. All beverages sold during the school day meet the USDA's Smart in school nutrition standards		(2)	1	0
8. School meals	(3)	(2)	1	0
9. School breakfast	(3)			0
10. Use of technology in school meals	(3)	2	1	0
11. Promote health food and beverage choices and school meals using time to eat school meals	(3)	2	1	0
13. Annual continuing education and training requirements for school nutrition services staff	(3)		1	0
14. Prohibit use of vending machines	(3)	2		0
water	(3)	2		0
15. Prohibit use of tobacco products	(3)			0
16. Prohibit use of alcohol	(3)	2		0
17. Prohibit use of firearms	(3)		1	0

ACTION FOR HEALTHY

Health Education

	Fully in Place	Partially in Place	Under	Not in Place
25. health education course	(3)	2	1	0
26. Essential health education curriculum consistent with standards and	(3)	2	1	0
27. Credentialed education teachers	(3)	2	1	0
28. Professional in health education	(3)	2	1	0
29. Essential in health education	(3)	2	1	0
30. Essential on	(3)	2	1	0
31. Essential to skills	(3)	2	1	0
32. Assignments encourage student interaction with family and		2	1	0
33. Essential on unintentional and violence	(3)	2	1	0
34. Essential on tobacco use	(3)	2	1	0
35. Essential on alcohol and other use	(3)	2	1	0
36. Essential topics for preventing HIV, other STD, and pregnancy		2		0

	Fully in Place	Partially in Place	Under Deve	Not in Place
38. 225 minutes of education week	(3)	2	1	0
39. Essential health education curriculum consistent with	(3)	2	1	0
40. Students active at least 50% of class time	(3)	2	1	0
41. Health-related fitness	(3)	2	1	0
42. Licensed education teachers	(3)	2	1	0
43. Address health care needs	(3)	2	1	0
44. Professional for education teachers	(3)	2	1	0
45. Prohibit us sical as nishment	(3)	2	1	0
46. Professional for classroom teachers	(3)	2	1	0
47. Promotion or support of walking and bicycling to and/or from school	(3)	2		0
48. Availability of before- and after-school physical activity	(3)	2		0
49. Availability of physical activity facilities	(3)	2	1	0

Social and Emotional Climate

	Fully in Place	Partially in Place	Under	Not in Place
50. Access to social	3	(2)	1	0
51. Access to cal sical	3	(2)	1	0

School Health Services

	Fully in	Partially in Place	Under	Not in Place
61. Collaboration between school nutrition services staff members and teachers	3	2	1	0
62. School nurse collaborates with a full-time school staff member	2	2	1	0
63. School nurse collaborates with other school staff members	2	2	1	0
64. Counseling psychological and social services provided by a full-time social worker and/or other school staff member			1	0
65. School counselor collaborates with other school staff members		2		0

Staff Wellness

	Fully in	Partially in Place	Under	Not in Place
66. School provides an active program for staff members on health and safety	3	2	1	0
68. All foods served and sold to staff meet the USDA's Smart Snacks in school nutrition guidelines	3	2	1	0
69. Model of healthy eating and physical activity behaviors is used to promote staff members on health and safety	3		1	0
70. Stress management programs for staff in school decision making	2	2	1	0
74. Professional development opportunities for staff	2	2	1	0
77. School nutrition updates for families	2	2		0
72. Family involvement in school decision making	2			0

Community Involvement

	Fully in	Partially in Place	Under	Not in Place